



Orange Timetable

Uniform Requirements

Our Uniform Policy is based on our philosophy that students do their best when they feel their best. We encourage our students to take pride in their dance appearance, helping them to have positive self-image. We believe that you should embrace your own style but need to adhere to a few rules so that you are dressed appropriately for each of your classes. Please be aware of the importance of wearing the correct dance shoes for each dance genre to ensure the development of appropriate technique and safe dance adherence. The right shoes decrease the risk of injury and help you become the best dancer you can be.

Angelina Ballerina

We are delighted to present a gorgeous option for our little mouselings in our Online Shop with whimsical packs designed with everything that a little star with big dreams needs. Our special Angelina themed packs include a tutu, leather ballet shoes, mouse ears, a drink bottle and a gorgeous Angelina/ Stepping Out adorned carry bag.

Little Stars- Pre School Department

Whatever your child feels comfortable in and makes them feel like the star they are. *For the girls:* leotards and skirts, fairy dresses, or tights and dance tops. Please ensure all clothes are form fitting to ensure the development of correct dance technique and alignment. *For the boys:* comfortable shorts and shirts, or dress up costumes are all ok!

Pre-Primary & Primary Ballet Classes

Single coloured leotard and soft skirt. Pink ballet shoes and socks or tights.

Grade 1-8 Ballet Classes

Single coloured leotard, ballet tights and ballet shoes.

Vocational Grades

A single coloured leotard, ballet tights, ballet shoes and pointe shoes.

Lyrical/ Contemporary Classes

Leotards, crop tops, Stepping Out Logo tank, tights, leggings, bike pants or unitards are acceptable. Must be form fitting to allow full view of bodyline. Bare feet are preferred for modern classes.

Tap Classes

Leotards, crop tops, tights, leggings, dance pants etc, Stepping Out logo tank. All students require tap shoes with heel and toe taps.

Jazz Classes

Leotards, crop tops, Stepping Out logo tank, tights, dance shorts, pants etc. Camel jazz shoes are preferred for jazz classes.

Hip Hop Classes

Wear what you feel comfortable in. We recommend our Stepping Out tank top with shorts, dance pants or tights. Jazz shoes/boots, sneakers or runners are recommended for this class.

General Grooming for All Classes

Hair must be neatly pulled off the face and tightly secured for ALL classes. Please no watches or jewelry to be worn in class.

***Classes commence on Monday the 6th February 2017**

Monday

Studio 1		Studio 2	
9:30am – 10:15am	2/3yrs Angelina Ballerina	9:30am – 10:15am	4/5yrs Angelina Ballerina
4:00pm – 4:45pm	Junior Contemporary	4:00pm – 4:45pm	Junior Tap
4:45pm – 5:30pm	6yrs Jazz / Hip Hop	4:45pm – 5:30pm	8yrs Jazz/Hip Hop
5:30pm – 6:15pm	10yrs Jazz / Hip Hop	5:30pm – 6:15pm	12yrs Jazz/Hip Hop
6:15pm – 7:00pm	Pre Senior Contemporary	6:15pm – 7:00pm	Intermediate Contemporary
7:00pm – 7:45pm	Pre-senior Jazz / Hip Hop	7:00pm – 7:45pm	Private Tuition

Tuesday

Studio 1		Studio 2	
4:00pm – 4:45pm	Grade 1 Ballet	4:00pm – 4:45pm	Ballet (Kindergarten)
4:45pm – 5:30pm	Grade 2/3 Ballet	4:45pm – 5:30pm	Boys Hip Hop
5:30pm – 6:15pm	Grade 4/5 Ballet	5:30pm – 6:15pm	Grade 4/5 Ballet
6:15pm – 7:00pm	Senior Ballet	6:15pm – 7:00pm	Intermediate Tap
7:00pm – 8:00pm	Senior Ballet 2	7:00pm – 7:45pm	Private Tuition
8:00pm – 8:45pm	Pointe work		

Wednesday

Studio 1		Studio 2	
9:30am – 10:15am	Angelina Ballerina		
4:00pm – 4:45pm	Intermediate Hip Hop (11yrs)	4:00pm – 4:45pm	Pre Senior Tap
4:45pm – 5:45pm	Senior JHF	4:45pm – 5:45pm	Advanced Contemporary
5:45pm – 6:45pm	Advanced JHF	5:45pm – 6:45pm	Senior Contemporary
6:45pm – 7:45pm	Barre (Adult Fitness Class)	6:45pm – 7:45pm	Adult Jazz / Hip Hop Fitness Class

Thursday

Studio 1		Studio 2	
9:30am – 10:15am	Angelina Progression 5yrs	9:30am – 10:15am	Angelina Progression 4yrs
10:15am – 11:00am	Angelina Ballerina 2yrs	10:15am – 11:00am	Angelina Ballerina 3yrs
11:30am – 12:30pm	Carewest Adult Hip Hop Team		
4:00pm – 5:30pm	SPARKS Competition Cheer / Pom and Dance	4:00pm – 5:00pm	Non Competition Cheer (11yrs and Under)
4:00pm – 7:00pm	ONYX / SAPPHIRES Competition Cheer / Pom and Dance		

Saturday

Studio 1		Studio 2	
8:15am – 9:15am	Stretch / Conditioning / Technique Progression		
9:30am – 10:15am	Angelina Ballerina 2yrs	9:30am – 10:15am	Angelina Ballet 3/4yrs
10:15am – 11:00am	Angelina Progression 4yrs	10:15am – 11:00am	Angelina Progression 5yrs
11:00am – 11:45am	Ballet (kindergarten)	11:00am – 11:45am	Little Stars Jazz 7yrs
11:45 – 12:30pm	Senior Tap	11:45am – 12:15pm	Private Tuition
12:45pm – 1:15pm	Private Tuition	12:15pm – 12:45pm	Private Tuition
1:15pm – 1:45pm	Private Tuition	12:45pm – 1:15pm	Private Tuition
2:00pm Onwards	Dance Birthday Party Bookings	1:15pm – 1:45pm	Private Tuition
		1:45pm – 2:15pm	Private Tuition